



Nancy Snoots Counseling

Nancy Snoots, MA, LPC • nancysnootscounseling.com

Consent for Treatment and Limits of Liability

Limits of Services and Assumption of Risks:

Therapy carries benefits and risks. Therapy can decrease distress, improve relationships, and/or resolve other issues. However, improvements or cures cannot be guaranteed due to variables that affect therapy sessions. Experiencing uncomfortable feelings or discussing unpleasant situations are risks of therapy.

Limits of Confidentiality:

What you disclose during therapy is confidential. No contents of the therapy sessions, whether verbal or written, may be shared with another person or institution without your written consent or the written consent of your legal guardian, except for the following:

Duty to Warn and Protect

If you reveal a plan or threaten to harm yourself, the therapist must attempt to notify your family/partner/significant other and also must notify legal authorities. If you reveal a plan or threaten to harm another person, the therapist is required to warn the potential victim and to notify legal authorities.

Abuse of Children and Vulnerable Adults

If you disclose, or if it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist must report this information to the appropriate state agency and/or legal authorities.

Prenatal Exposure to Controlled Substances

Therapists must report any admitted prenatal exposure to controlled substances that could be harmful to the mother or the child.

Court or Legal Proceedings

If a court issues a subpoena for your therapy notes and or records, the therapist will attempt to contact you and discuss this with you. The therapist will then release only what is specifically stated in the subpoena. Additionally, if you make your mental health an issue in a legal proceeding, your therapy notes and records then become subject to disclosure. However, the therapist is not an attorney and does not provide legal advice in this document or in any session.

Minors/Guardianship

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

Email and Text Communication

There is no guarantee of confidentiality in any email, text, or messaging system. Do not include any confidential health information in any such communication. Emails, texts, and other messaging systems should be used only for the purposes of making, changing, or cancelling appointments, or to request a return phone call.

By signing below, I agree to the above assumption of risk and limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Parent/Guardian if under 18)

Date